



<p>Saint Joseph's, Saint Anne's & Holy Family And Saint Patrick's 22nd Of February 2026, First Sunday of Lent, Year A</p>
<p>Served By The Discalced Carmelites Parish Priest: Fr. Louis Aroon OCD email: louisaroon2015@gmail.com Assistant Priest: Fr. Ligor Alexander OCD email: ligorialex@gmail.com Tel: 0191 534 2346 Sr. Alphonsus (Parish Sister at St. Patrick's, Ryhope) Tel: 0191 521 0340 Rev. Bernard Finan SDS (Retired and resident priest at St. Patrick's)</p>

Catholic Sunday Mass Readings for February 22 2026, First Sunday of Lent, Year A

1 st Reading	Genesis 2:7-9; 3:1-7
Responsorial Psalm	Psalms 51:3-4, 5-6, 12-13, 17
2 nd Reading	Romans 5:12-19 Or Romans 5:12, 17-19
Verse Before the Gospel	Matthew 4:4B
Gospel	Matthew 4:1-11

1st Reading - Genesis 2:7-9; 3:1-7

7 The LORD God formed man out of the clay of the ground and blew into his nostrils the breath of life, and so man became a living being.

8 Then the LORD God planted a garden in Eden, in the east, and placed there the man whom he had formed.

9 Out of the ground the LORD God made various trees grow that were delightful to look at and good for food, with the tree of life in the middle of the garden and the tree of the knowledge of good and evil.

1 Now the serpent was the most cunning of all the animals that the LORD God had made. The serpent asked the woman, "Did God really tell you not to eat from any of the trees in the garden?"

2 The woman answered the serpent: "We may eat of the fruit of the trees in the garden;

3 it is only about the fruit of the tree in the middle of the garden that God said, 'You shall not eat it or even touch it, lest you die.'"

4 But the serpent said to the woman: "You certainly will not die! No,

5 God knows well that the moment you eat of it your eyes will be opened and you will be like gods who know what is good and what is evil."

6 The woman saw that the tree was good for food, pleasing to the eyes, and desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it.

7 Then the eyes of both of them were opened, and they realized that they were naked; so they sewed fig leaves together and made loincloths for themselves.

Responsorial Psalm - Psalms 51:3-4, 5-6, 12-13, 17

R. (cf. 3a) Be merciful, O Lord, for we have sinned.

3 Have mercy on me, O God, in your goodness; in the greatness of your compassion wipe out my offense.

4 Thoroughly wash me from my guilt and of my sin cleanse me.

R. Be merciful, O Lord, for we have sinned.

5 For I acknowledge my offense, and my sin is before me always:

6 "Against you only have I sinned, and done what is evil in your sight."

R. Be merciful, O Lord, for we have sinned.

12 A clean heart create for me, O God, and a steadfast spirit renew within me.

13 Cast me not out from your presence, and your Holy Spirit take not from me.

R. Be merciful, O Lord, for we have sinned.

17 Give me back the joy of your salvation, and a willing spirit sustain in me.
O Lord, open my lips, and my mouth shall proclaim your praise.

R. Be merciful, O Lord, for we have sinned.

2nd Reading - Romans 5:12-19

Brothers and sisters:

12 Through one man sin entered the world, and through sin, death, and thus death came to all men, inasmuch as all sinned

13 for up to the time of the law, sin was in the world, though sin is not accounted when there is no law.

14 But death reigned from Adam to Moses, even over those who did not sin after the pattern of the trespass of Adam, who is the type of the one who was to come.

15 But the gift is not like the transgression. For if by the transgression of the one, the many died, how much more did the grace of God and the gracious gift of the one man Jesus Christ overflow for the many.

16 And the gift is not like the result of the one who sinned. For after one sin there was the judgment that brought condemnation; but the gift, after many transgressions, brought acquittal.

17 For if, by the transgression of the one, death came to reign through that one, how much more will those who receive the abundance of grace and of the gift of justification come to reign in life through the one Jesus Christ.

18 In conclusion, just as through one transgression condemnation came upon all, so, through one righteous act, acquittal and life came to all.

19 For just as through the disobedience of the one man the many were made sinners, so, through the obedience of the one, the many will be made righteous.

Or Romans 5:12, 17-19

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Verse Before The Gospel - Matthew 4:4B

4B One does not live on bread alone,
but on every word that comes forth from the mouth of God.

Gospel - Matthew 4:1-11

1 At that time Jesus was led by the Spirit into the desert to be tempted by the devil.

2 He fasted for forty days and forty nights, and afterwards he was hungry.

3 The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread."

4 He said in reply, "It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God."

5 Then the devil took him to the holy city, and made him stand on the parapet of the temple,

6 and said to him, "If you are the Son of God, throw yourself down. For it is written: He will command his angels concerning you and with their hands they will support you, lest you dash your foot against a stone."

7 Jesus answered him, "Again it is written, You shall not put the Lord, your God, to the test."

8 Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence,

9 and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me."

10 At this, Jesus said to him, "Get away, Satan! It is written: The Lord, your God, shall you worship and him alone shall you serve."

11 Then the devil left him and, behold, angels came and ministered to him.

Saint(s) Of The Day

- Feast of the Chair of St Peter, Apostle
- Saint Margaret of Cortona
- Blessed Richard Henkes
- Blessed Émilie d'Oultremont d'Hoogvorst
- Blessed Isabella of France
- Saint Maximian of Ravenna
- Saint Limnaeus
- Saint John the Saxon
- Saint Papias of Hierapolis
- Saint Athanasius of Nicomedia
- Blessed Diego Carvalho

Saint Baradates of Cyrrhus

St Baradates of Cyrrhus was also known as Baradatas, or Baradatus. He was a hermit in a tiny shack in Cyrrhus, Syria and wore animal skins. He survived on whatever came to hand, and spent every available moment in prayer. Emperor Leo I of Constantinople wrote to St Baradates for his thoughts on the Council of Chalcedon in 451 AD. He died in 460 AD.

Blessed Miguel Facerías Garcés

Blessed Miguel Facerías Garcés was born February 22 1861 in Perarrua, Huesca, Spain. He was a member of the Claretians, where he professed on the 24th March 1893. He was shot on February 22 1937 in Caseta de Alboquers, Barcelona, Spain and died as a martyr during the Spanish Civil War. He was beatified on October 21 2017 by Pope Francis and the beatification ceremony was celebrated at the Basilica of Sagrada Familia, Barcelona, Spain, presided by Archbishop Angelo Amato. We celebrate him with an additional memorial on February 1 as one of the 109 Spanish Claretian Martyrs.

Blessed Mohammed Abdalla

Blessed Mohammed Abdalla was born African and became a Mercedarian friar at the convent of San Lazzaro in Zaragoza, Spain. He was known for his piety and outlook that saw the hand of God in all things.

Blessed Angelus Portasole

Blessed Angelus Portasole also known as Angelo Portasole was born in 1296 in Perugia, Italy. He became a Dominican and bishop of Iglesias, Sardinia, Italy in 1330. He died in 1334 in Ischia, Naples, Italy.

Saint Raynerius of Beaulieu

Saint Raynerius of Beaulieu also known as Raynier of Beaulieu was a monk at Beaulieu Abbey near Limoges, France. He died in 967 AD.

Saint Aristion of Salamis

Saint Aristion of Salamis is one of Jesus's 72 disciples. He preached in Cyprus and was martyred in the Battle of Salamis in Cyprus.

Saint Paschasius of Vienne

Saint Paschasius of Vienne also known as Paschase was the bishop of early 4th-century Vienne, France and died in 312 AD.

Saint Gurnin

Saint Gurnin also known as Gurmin or Gurminn was an Irish nun. She is mentioned in the Tallagh and Donegal martyrologies, but no details of her life have survived.

Saint Thalassius

Saint Thalassius was a fifth-century cave hermit near Cyrrhus in modern Syria. He was a spiritual teacher of Saint limnaeus and is known for his personal piety and holiness.

Saint Elwin

Saint Elwin also known as Allan, Alleyn or Elwyn was born in Ireland. He became a missionary who worked with Saint Breaca in Cornwall.

Saint Abilius of Alexandria

Saint Abilius of Alexandria was the third bishop of Alexandria, Egypt. He died in 98 AD.

Martyrs of Arabia

Martyrs of Arabia is a memorial for all the unnamed Christians martyred in the desert and mountainous areas south of the Dead Sea during the persecutions of Emperor Valerius Maximianus Galerius.

Catholic Sunday Mass Readings Homily - For The 22nd Of February 2026, First Sunday of Lent, Year A

22nd Of February 2026 Catholic Sunday Readings Homily Theme: Jesus is Tempted By The Devil in the Desert - Matthew 4:1-11, Mark 1:12-15, Luke 4:1-13

Sick Of the Parish:



Please pray for all the Sick in our three Parishes "My Payers and Good Wishes to All."

Mass Times For the weekend:

Saturday Night Mass Times	
Saint Josephs	5:30pm

Sunday Mass Times	
Saint Joseph's	9:30am
Saint Anne's & Holy Family	11:00 am
Saint Patrick's Ryhope	9:30 am

Sponsors:

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